

Youth ETERNAL'S
S.T.O.M.P.
Successful Training And Mobilization of Parents

PURPOSE

STOMP serves as a local community resource to support, empower and educate parents/guardians of juvenile offenders, and empower individuals to become positive advocates of the juvenile offenders' reunion with their family and also the transition of re-entering the community, becoming responsible citizens.

MISSION

STOMP's mission is to assist parents/guardians of juvenile offenders in strengthening the family unit and becoming advocates of change for the juvenile offender by taking the advantage of the resources, and support activities through the STOMP program and services.

GOALS

STOMP's goals are:

- Establish a strong community support program in local communities with high juvenile offender rates.
- Help a minimum of twenty parents/guardians of juvenile offenders within the fiscal year to successfully reunite with their children
- Provide sound tools for parents/guardians to utilize as they assist their children with the transition of re-entering the community.
- Retain at least 50% of parents/guardians to become active participants of the STOMP to help future parents/guardians of juvenile offenders.
- Refer and connect parents/guardians to partnering community organizations and services as an additional resource

PROGRAM SUPPORT

The collective, consistent, united support of many is needed for effective change to take place. The following are initial roles that are crucial to the program's success. Additional roles may be introduced as the program is underway to account for growing demand and program effectiveness for all involved.

- Program Director
- Program Coordinator
- Recruitment Team
- STOMP Mentors/Facilitators
- STOMP Volunteer Advocates

PROGRAM OUTLINE

STOMP works in conjunction with the MAJOR's program. Support sessions are conducted on a rolling basis with the first session serving as an entry point into the program track. The first session is mandatory and is the kick off for all other sessions, and will be offered 4 times within the fiscal year to allow for incoming parents/guardians to the STOMP program.

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Parents/guardians are also highly encouraged to take part in the sessions with their child(ren) who are involved in the MAJOR'S program.

The STOP program foundation is FORGIVE, which stands for Fresh Start, Options/Opportunities, Remember/Reassess, Give, Inspect/Invest, Victories, and Encourage/Empower. When one forgives, it does not mean they forget, but able to move forward without the hindrances. FORGIVE is about a better self, a better parent/guardian, a better family, a better community. It is important to note, the STOMP program is not intended to diagnose, or teach parents/guardian how to parent; however, each session throughout the program track outline is geared to provide resources and tools in which the parents/guardians are individually strengthened on a mental and emotional capacity so that they are stronger advocates for their children.

Session will have a monthly rolling cycle to allow for parents/guardians to implement session topics. Session times may range from 2.0 – 3.0 hours to cover Successes, FORGIVE topic of discussion/activities, Questions, and Takeaways. FORGIVE's program track outline descriptions are as follows:

Fresh Start: This entry point session emphasizes the importance of the program and highlights the benefits and possible outcomes. An initial assessment will be administered to understand the general position of each parent/guardian, and their desired outcomes.

Options/Opportunities: This session will educate parents/guardians of additional local, state, and federal programs and resources.

Remember/Reassess: This session helps parents/guardians to understand the connection of past to the present, to identify the changes needed to be implemented for a better tomorrow, yet not getting stuck in the past.

Give: This session is geared to encourage parents/guardians to give to themselves, others, and back to the community. By strengthening each of these areas, parents/guardians become strong advocates of positive change.

Inspect/Invest: This session is all about the self. It is important to inspect the self to learn areas of improvement and also to know strengths. By understanding these two areas you then seek ways to invest in the self to strengthen the areas of improvement, but more importantly, to capitalize on individual strengths. Ultimately by understanding self, you can also learn ways to help strengthen the family unit.

Victories: This session helps parents/guardians to stop and smell the roses. Understanding that reuniting and strengthening the family unit is a process, which does not happen overnight. The importance of recognizing victories, relishing them, celebrating those helps create milestones toward individual desired outcomes.

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Encourage/Empower: This session helps parents/guardians to stay encouraged during the process of their desired outcome. Likewise, it stresses the importance of empowering others toward change as well.

PROGRAM CALENDER CYCLE (Tentative)

January

- Fresh Start
- Week 2: Options/Opportunities

February

- Week 2: Remember/Reassess

March

- Week 2: Give

April

- Fresh Start
- Week 2: Inspect/Invest

May

- Week 2: Victories

June

- Week 2: Empower/Encourage
- Bi-Annual STOMP Event / Recognition Ceremony

July

- Fresh Start
- Week 2: Options/Opportunities

August

- Week 2: Remember/Reassess

September

- Week 2: Give

October

- Fresh Start
- Week 2: Inspect/Invest

November

- Week 2: Victories

December

- Week 2: Empower/Encourage
- Bi-Annual STOMP Event / Recognition Ceremony

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PROGRAM TRACK MODEL

